# HOT BEVERAGES

WE SERVE OUR COFFEE STANDARD WITH FULL CREAM MILK,
SKIMMED MILK ON REQUEST

SOY | ALMOND | OAT MILK | CREAM | R10
AN EXTRA R5 WILL BE CHARGED FOR DECAFFEINATED COFFEE
ADD COLLAGEN | R15

### COFFEES

AMERICANO	30
CAPPUCCINO	35
CAPPUCCINO - DOUBLE SHOT	40
CAPPUCCINO - LARGE	45
FLAT WHITE	40
ESPRESSO - SINGLE SHOT	25
ESPRESSO - DOUBLE SHOT	30
CAFÉ LATTE	35
ADD VANILLA OR HAZELNUT R10	
MACCHIATO	35
MOCHA	35

### TEAS

ROOIBOS   EARL GREY   CEYLON	GREEN 25
CHAI LATTE	40
DIRTY CHAI LATTE	45
RED CAPPUCCINO	40
RED CAPPUCCINO LARGE	45
RED LATTE	40

### HOT CHOCOLATES

HOT CHOCOLATE	40
WHITE HOT CHOCOLATE	40
SJUKLA HOT CHOCOLATE (MILK OR DARK)	60

### SPECIALITY COFFEES

ESPRESSO WITH A DOLLOP OF WHIPPED CREAM

ESPRESSO WITH CONDENSED MILK

LONG BLACK	35
DOUBLE SHOT ESPRESSO WITH HOT WATER	
CORTADO	40
DOUBLE SHOT ESPRESSO WITH QUADRUPLE	
SHOT AERATED MILK	
BLACK ICE	40
DOUBLE SHOT ESPRESSO WITH ICE WATER	
& NATURAL SWEETENER	
WHITE ICE	40
DOUBLE SHOT ESPRESSO SHAKEN WITH ICED MILK	
& NATURAL SWEETENER	
	40



## SIR FRUIT JUICES

100% BLENDS	40
CLOUDY APPLE   COCKTAIL   ORANGE   MANGO	
GINGERADE   THE BERRIES   LEMONADE   PINEAPPLE	
CDANADILLA	

### COLD PRESSED 45

ORANGE
CARROT, APPLE, ORANGE & GRANADILLA
APPLE, BEETROOT, RASPBERRY, CARROT & GINGER
SPINACH, KALE, APPLE & CUCUMBER

# MIMOSA 80 MCC & ORANGE JUICE





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# SHAKES & SMOOTHIES

SHAKES	45
ICED CAPPUCCINO   CHOCOLATE   STRAWBERRY SALTED CARAMEL   VANILLA	
ADD COLLAGEN R15	
FRULLATO	55
FRESH SEASONAL FRUIT BLENDED WITH ICE CREAM	
SMOOTHIES	55
BERRY   MANGO   PEANUT BUTTER	

# COLD & REFRESHING

ROCK SHANDY SODA, LEMONADE & BITTERS	45
STEELWORKS SODA, GINGER ALE, BITTERS & COLA TONIC	45
ICED TEAS BOS ICE TEA	35
COOLERS LEMONADE, LEMONADE & BERRY, BERRY	35
FREEZOS BAR-ONE, LEMONADE, BERRY, MANGO, CHAI	45

## SOFT DRINKS

COKE   COKE LIGHT   COKE ZERO   CREME SODA	
SPRITE   SPRITE ZERO   LEMON TWIST   FANTA	25
APPLETIZER   GRAPETIZER	35
LEMONADE	25
SODA WATER	25
SCHWEPPES (Tonic / Sugar Free / Pink)	25
GINGER ALE	25
TONIC WATER	25
DRY LEMON	25
LIME / PASSION CORDIAL (30ml)	10
COLA TONIC (30ml)	10
RED BULL (Energy / Watermelon / Sugar Free)	35

## WATERS

VALPRE 350ML (STILL OR SPARKLING)	20
VALPRE 750ML (STILL OR SPARKLING)	35



# BREAKFAST

SERVED FROM 8:00 - 11:30AM DAILY

## **HEALTHY START**

• FLORENTINE (v)

• BACON & AVO

SMOKED SALMON

HAM

ENERGY OATS (v)	65	TWO EGGS ON TOAST	65
OATS TOPPED WITH FRESH APPLE OR SLICED BANANA, TOASTED ALMOND FLAKES, CINNAMON & LOW FAT MILK. SERVED WITH HONEY ON THE SIDE  • USE ALMOND / OAT MILK R20		FRIED OR POACHED EGGS WITH BACON & BOCA RELISH ON YOUR CHOICE OF FRESHLY BAKED BREAD (TOASTED OR NOT)	
		SALMON & SCRAMBLED EGGS	100
HEALTHY APPETITE (v)	75	SMOKED SALMON WITH EGGS OF YOUR CHOICE,	
THE FAMOUS BOCA MUESLI, DOUBLE THICK YOGHURT, SEASONAL FRUIT & HONEY		COTTAGE CHEESE, TOMATOES & CHIVES	
UPGRADE TO BANTING GRANOLA R25		OMELETTES	
CITRUS DELIGHT (v)	90	MADE WITH TWO EGGS & SERVED WITH TOASTED CIABATTA. TOPPED WITH MOZZARELLA CHEESE & YOUR CHOICE OF:	
DOUBLE-CREAM YOGHURT LAYERED WITH CITRUS FRUIT & GRANOLA, INFUSED WITH TURKISH DELIGHT SYRUP.		TOMATO RELISH (v)	60
TOPPED WITH ROASTED PISTACHIO NUTS		<ul> <li>STREAKY BACON, SAUTÉED MUSHROOMS,</li> </ul>	85
JUST FRUIT (v)	70	<ul> <li>CHICKEN LIVERS, AVO, TOMATO &amp; ONION IN A PERI PERI CRÈME</li> </ul>	100
SEASONAL SELECTION OF FRESHLY CHOPPED FRUIT		EVERAC.	
		EXTRAS: GRILLED MUSHROOMS	25
		AVOCADO BACON	25 25
BREAKFASTS		CHORIZO SAUSAGE	25
		SMOKED SALMON	45
		PORK SAUSAGE BAKED BEANS	25 15
6 <sup>TH</sup> AVENUE	125	BAKED BEANS	13
TWO EGGS DONE THE WAY YOU LIKE THEM, SERVED ON TOASTED CIABATTA WITH BACON, MUSHROOMS, ROASTED TOMATOES, FETA & AVO		BAGELS	
THE DAX	125		
TWO EGGS WITH PORK SAUSAGE, BACON, MUSHROOMS		THE BREAKFAST BAGEL	
& TOMATOES. SERVED ON TOASTED CIABATTA  • ADD BAKED BEANS R15		SCRAMBLED EGGS, ROCKET & GRILLED TOMATO ON A FRESHLY BAKED BAGEL TOPPED WITH YOUR CHOICE OF:	
		• BACON	85
SMASHED AVO & JAMMY EGGS	85	• SALMON	105
SMASHED AVO & CHERRY TOMATOES SERVED ON CIABATTA & TOPPED WITH A BOILED EGG & TOASTED SEEDS		CREEN CORRECT (A)	0.5
• ADD BACON R25		GREEN GODDESS (v)	95
		GREEN HERB CREAM CHEESE, MOZZARELLA, AVO, LETTUCE & SEEDS	
BACON RÖSTI	95		
IWO POACHED EGGS SERVED ON POTATO RÖSTI & MUSHROOM WITH STREAKY BACON.		SMOKED SALMON & CREAM CHEESE	105
TOPPED WITH PARMESAN CRÈME		SMOKED SALMON, RED ONIONS, CAPERS, FENNEL, DILL & CREAM CHEESE ON A LIGHTLY TOASTED BAGEL	
BENEDICTS		FILLED CROISSANTS	$\neg$
SERVED ON A TOASTED BAGEL, TOPPED WITH A POACHI	ED EGG	DUTTED CHEECE & DDFCFDVF	
		BUTTER, CHEESE & PRESERVE	50

HAM & CHEESE

BACON, SCRAMBLED EGGS & RELISH

BACON, POACHED EGG & HOLLANDAISE SAUCE

SMASHED SALMON, CREAM CHEESE & ROCKET

85

100

95

110

65

80

85

100

**OMELETTES & SCRAMBLED** 

# SPECIALITY BREAKFASTS

SHAKSHUKA 2 EGGS POACHED IN A RICH TOMATO SAUCE WITH PEPPERS & ONIONS. TOPPED WITH CRUMBLED FETA & SERVED WITH LIGHTLY TOASTED CIABATTA	90
CARB-FREE BREAKFAST BOWL SAUTÉED MARROWS, PEPPERS, RED ONION, CHERRY TOMATOES & BABY SPINACH. TOPPED WITH A POACHED EGG & DRIZZLED WITH EITHER BASIL OR THAI PESTO	90
CHICKEN LIVERS ON TOAST SAUTÉED ORGANIC CHICKEN LIVERS IN A TOMATO ONION PERI-PERI CRÈME ON TOASTED CIABATTA • ADD A POACHED EGG R10	90
BREAKFAST PIZZA  CLASSIC PIZZA WITH BACON, SAUSAGE, MUSHROOMS, CHERRY TOMATOES & MOZZARELLA. TOPPED WITH AN EGG OF YOUR CHOICE	95
BREAKFAST BURRITO  A COMBINATION OF BACON, SAUSAGE, SCRAMBLED EGGS, GRILLED MUSHROOMS, CHERRY TOMATOES & CHEDDAR CHEESE WRAPPED IN A BREAKFAST TORTILLA	95
CROQUE MADAME  CIABATTA TOPPED WITH HAM, CHEESE, BÉCHAMEL SAUCE  & A FRIED EGG. LIGHTLY TOASTED IN THE OVEN	85
LAZY JOE BEEF MINCE WITH TOMATO & ONION, TOPPED WITH GRATED CHEDDAR CHEESE. SERVED ON TOASTED CIABATTA	85
SMOKED SALMON BREAKFAST  SMOKED SALMON SERVED ON POTATO RÖSTI WITH CRÈME FRAÎCHE, CHIVES & A SIDE SALAD  • ADD A POACHED EGG R10	100
LUXURY SALMON FLAPJACKS GREEN ONION FLAPJACKS TOPPED WITH SMOKED SALMON, POACHED EGGS & HOLLANDAISE SAUCE	95
SUPERFOOD SPINACH PANCAKE  TOPPED WITH AN EGG, SPINACH, CHERRY TOMATOES,  AVO, SPRING ONION & CHUNKY COTTAGE CHEESE.  DRIZZLED WITH SRIRACHA & SERVED WITH A LEMON WEDGE	95



### SWEET TREATS

### FRENCH TOAST

2 SLICES OF OUR HOMEMADE CIABATTA SOAKED IN A FREE RANGE EGG CUSTARD & LIGHTLY GRILLED. TOPPED WITH YOUR CHOICE OF:

BACON & MAPLE STYLE SYRUP		7
FRIED BANANA & HONEY		7
BOLOGNESE WITH CHEDDAR	1	9

### PANCAKES

CHOCOLATE SPREAD & STRAWBERRIES	60
CINNAMON & SUGAR	40

### WAFFLES

E-CREAM & CHOCOLATE SAUCE		55
RUP & ICE-CREAM OR CREAM		55

### FLAPJACKS

CARAMELISED BANANA & CARAMEL	6
BACON & MAPLE STYLE SYRUP	6

#### SCONES

SERVED WITH PRESERVES, CHEESE & CREAM

# **ADD ON ITEMS**

BACON	25
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PORK SAUSAGE	25
SAVOURY MINCE	35
AVOCADO	25
BAKED BEANS	15
SMOKED SALMON	45
GRILLED MUSHROOMS	25
ROASTED ROSA TOMATOES	20
CARAMELIZED ONIONS	25
BREAKFAST RELISH	20
CHORIZO	25